



NaCare (Pty) Ltd

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(Office hours)

Product List & Order Form 2021

Herbal Tinctures

Wholesale Price (10 +)	Retail Price
50ml - R58	50ml – R90
100 ml - R110	100ml - R180

COMBINATION HERB TINCTURES

		50ML	100ML
BRAIN AND NERVOUS SYSTEM			
Adaptogen	Combination of adaptogenic herbs in case of high cortisol levels		
ADD Care	Attention deficiency & hyperactivity		
Brain Tonic	Tonic for better brain functioning		
Depro Care	Support for emotional wellbeing		
Phytocannabinoids	Combination of cannabinoid-containing herbs		
Excellenceo	Support for emotional wellbeing		
Happy Mind	Tonic used for better brain functioning and enhanced memory		
Insomnia Care	Support in case of sleeping difficulty		
Nerve Tonic	Tonic for support of the nervous system		
Neuro-Transeo	Enhances the neuro-transmitter levels		
RESPIRATORY SYSTEM			
Asthma Tonic	Tonic to support in the case of asthmatic conditions		
Respirateo	Tonic for improving respiratory health		
Sinus Support	Support in case of sinus problems caused by infection and allergy		
Stop Smoking	Support as an aid to stop smoking		
DIGESTIVE SYSTEM			
Balanceo	Support for good blood sugar balance		
Chelateo	Support for detoxification of heavy metals		
Cleanseo	Support for general detox and the effectiveness of the liver		
Colon Tonic	Tonic for better colon functioning		
Digestiveo	Tonic for enhancement of the digestive processes		
Liver & Bile Tonic	Tonic for the liver and gall bladder functions		
Oraleo	Tonic for mouth and throat wellness		
Pancreas Tonic	Tonic for enhancing the pancreas functions		
Parasiteo	Support for combatting parasites		
Ulcereo	Support in the case of stomach ulcers		
CARDIOVASCULAR SYSTEM			
Blood Cleanser	Support to help with cleansing the blood		

Cardi Care	Tonic for strengthening the heart muscles		
Circulateo	Tonic for blood circulation		
Elevateo	Support in case of a tendency towards high blood pressure		
Lipideo	Support for lowering bad cholesterol and raise high HDL levels		

IMMUNE SYSTEM		50ml	100ml
Carpe Diem	Support for cancer and related symptoms		
Immune Power	Support as an aid in case of immune deficiency syndrome		
Immune Tonic	Tonic to improve the immune system		
Infection Care	Tonic as an aid in case of infections		
Inflammation Care	Tonic as an aid in case of chronic inflammation		
ENDOCRINE SYSTEM			
Gland Tonic	Tonic for supporting the glandular system		
Lymph Care	Support for the lymphatic system		
Slimming Care	Support and aid for losing weight		
Thyroid Support	Tonic For supporting under-active thyroid functioning		
Uri Tonic	Tonic for enhancing bladder and kidney functions		
REPRODUCTIVE SYSTEM			
Andro Vitalia	Tonic for the male reproductive system		
Femme Vitalia	Tonic for the female reproductive system		
Lacteo	Support for breastfeeding women		
Menopause Care	Support in case of menopause and hot flushes		
Fibro	Support in case of fibromyalgia		
Musculo-Skeletal Tonic	Tonic for the body's muscles and skeleton		
Osteo Care	Support in case of osteoarthritis		
Rheumateo	Support in case of rheumatism and rheumatic arthritic conditions		
SKIN AND HAIR			
Allergeo	Support in case of eczema and other skin disorders		
Derma Tonic	Tonic for the skin		
Ear Tonic	Tonic for the ears and hearing		
Eye Tonic	Tonic for the eyes and eyesight		
INTERSYSTEMIC NEEDS			
Candida Care	Support in case of candidiasis		
Reliefeo	Support in case of pain and anxiety		
Sting Care	Support in case of insect sting and other poisonous bites		
Wellness Tonic	Support to enhance general wellness		

SINGLE HERB TINCTURES

COMMON NAME	BOTANICAL NAME	DESCRIPTION	50ml	100ml
African Potato	<i>Hypoxis spp.</i>	Wellness support for the immune system; fights diseases and allergies; for prostate problems.		
Agrimony	<i>Agrimonia eupatoria</i>	Used as a mild astringent; coughs; diarrhea; bed-wetting & bladder infections; bleeding; jaundice and liver problems.		
Alfalfa	<i>Medicago sativa</i>	Wellness remedy for stomach ailments, ulcerous conditions, poor appetite, skin, cholesterol and menopause.		
Aloe	<i>Aloe vera</i>	Wellness remedy for constipation, heartburn; externally used to treat burns.		
Angelica	<i>Angelica archangelica</i>	Wellness remedy to treat angina and high blood pressure; colic; gas; heartburn; improves appetite and circulation; coughs; colds; fever		
Bilberry	<i>Vaccinium myrtillus</i>	Wellness remedy for circulation and eye support, including diabetic consequences; cataracts.		
Anise	<i>Pimpinella anisum</i>	Wellness remedy to improve digestion; bad breath; flu; sinusitis and other respiratory ailments.		
Arnica	<i>Arnica montana</i>	Acts as antibiotic; anti-inflammatory; pain reliever; muscle pain; rheumatism.		
Ashwagandha	<i>Withania somnifera</i>	Helps correct memory loss; Alzheimer's disease; arthritis and carpal tunnel syndrome; autoimmune disorders; cancer; diabetes; adaptogen for stress.		
Astragalus	<i>Astragalus membranaceus</i>	Wellness remedy for the immune system; for colds, recurrent infections, general debility.		
Barberry	<i>Berberis vulgaris</i>	Wellness support for urinary tract and healing of the bladder membrane.		
Basil	<i>Ocimum basilicum</i>	Wellness remedy to treat stomach disorders; urinary infections; coughs and colds; parasites.		
Bearberry	<i>Arctostaphylos uva-ursi</i>	Wellness support for urinary tract and healing of mucus membranes.		
Bindii	<i>Tribulus terrestris</i>	Wellness remedy to reduce blood sugar and cholesterol, altered hormone levels and increased sexual function and libido.		
Bitter Aloe	<i>Aloe ferox</i>	Wellness remedy for constipation and heartburn; externally used to treat burns		
Black Cohosh	<i>Cimicifuga racemosa</i>	Wellness support for premenstrual, menstrual and menopausal symptoms.		
Black Walnut	<i>Juglans regia</i>	Wellness remedy for bacteria and parasite control.		
Bladderwrack	<i>Fucus vesiculosus</i>	Wellness remedy for under-active thyroid and goiter; arterosclerosis; arthritis; joint pain; boost immune system.		

Borage	<i>Borago officinalis</i>	Wellness remedy used for hyperactive gastrointestinal, cardiovascular and respiratory disorders; colic; diarrhea; asthma and bronchitis; urinary tract infections.		
Broom	<i>Cytisus scoparius</i>	Diuretic and cathartic; bladder and kidney infections; hemorrhoids.		
Buchu	<i>Agathosma betulina</i>	Wellness remedy for genito-urinary system; antiseptic; diuretic.		
Burdock	<i>Arctium lappa</i>	Wellness remedy for skin conditions; promotes digestion and appetite; rheumatism, gout and arthritic pain.		
Calendula	<i>Calendula officinalis</i>	Wellness remedy for bowel disease; conjunctivitis; gastritis; inflammation; mucous membrane and skin disorders.		
Cancer Bush	<i>Sutherlandia frutescens</i>	Wellness remedy to help fight cancer; strengthens immune system.		
Catnip	<i>Nepeta cataria</i>	Wellness remedy for influenza; insomnia; nervous disorders and migraines.		
Cat's Claw	<i>Uncaria tomentosa</i>	Wellness remedy for arthritis; diarrhea and gastritis; bowel disorders; cancer; colds.		
Cayenne	<i>Capsicum frutescens</i>	Wellness support for circulation and weight loss.		
Celery Seed	<i>Apium graveolens</i>	Wellness remedy for arthritis and gout; muscle spasms; calm the nerves; reduce inflammation; lower blood pressure.		
Chamomile	<i>Matricaria recutita</i>	Wellness support for the nervous system; anti-bacterial; antihistamine; anti-inflammatory; anti-oxidant; anti-spasmodic.		
Chaparral	<i>Larrea tridentata</i>	Wellness support for cleansing of the blood and lymphatic system, herbal antibiotic.		
Chaste Tree Berry	<i>Vitex agnus-castus</i>	Wellness remedy for female reproductive system; PMS; menopause; acne; endometriosis.		
Chickweed	<i>Stellaria media</i>	Wellness remedy for constipation, stomach and bowel problems; asthma; psoriasis.		
Cinnamon	<i>Cinnamomum verum</i>	Wellness remedy used for fibroids and menstrual problems; indigestion; regulate blood sugar; liver cancer; peptic ulcer.		
Cleavers	<i>Galium aparine</i>	Wellness support for the lymphatic system; swollen glands; tonsillitis and adenoids; ulcers and tumors.		
Comfrey	<i>Symphytum officinale</i>	Wellness remedy for inflammation; pain; skin problems and injuries.		
Coriander leaves	<i>Coriandrum sativum</i>	Wellness remedy for heavy metal toxicity; diarrhea; anemia.		
Dandelion	<i>Taraxacum officinale</i>	Wellness remedy for inflammation and congestion of the liver and gall bladder; diuretic; muscular rheumatism and congestive jaundice.		

Devil's Claw	<i>Harpagophytum procumbens</i>	Wellness support for anti-inflammation, liver, kidneys, gallbladder; help for arthritis and rheumatism.		
Echinacea	<i>Echinacea purpurea</i>	Wellness remedy for infections; immune system stimulant.		
Elderberry	<i>Sambucus nigra</i>	Wellness support in case of colds, influenza, hay fever and sinus.		
Eyebright	<i>Euphrasia officinalis</i>	Wellness remedy for eye strain and infections; conjunctivitis; helps for sinusitis and catarrh.		
Fennel	<i>Foeniculum vulgare</i>	Wellness remedy for stomach colic, cough and bronchial support.		
Fenugreek	<i>Trigonella foenum-graecum</i>	Wellness support for wounds , inflammation, digestive aid; used as a poultice.		
Feverfew	<i>Tanacetum parthenium</i>	Wellness support for migraines, headaches, dizziness; for arthritis; a digestive bitter.		
Garcinia cambogia / Brindleberry	<i>Garcinia gummi-gutta</i>	Wellness support to promote weight loss, eliminate fatigue, improve metabolism, increase energy, suppress appetite and lower cholesterol.		
Garlic	<i>Allium sativum</i>	Wellness antibiotic remedy; lowers high blood pressure and blood fat levels.		
Ginger	<i>Zingiber officinale</i>	Wellness support for dyspepsia, nausea, travel sickness, stomach pain.		
Ginkgo	<i>Ginkgo biloba</i>	Wellness support for circulation; stimulates cerebral circulation; helps to improve memory.		
Golden Rod	<i>Solidago virgaurea</i>	Wellness support for bladder, liver and kidneys; colds and allergies; antioxidant.		
Goldenseal	<i>Hydrastis canadensis</i>	Immune booster; cancer; heartburn; heart disease.		
Gotu Kola	<i>Centella asiatica</i>	Revitalize nerves and brain cells; skin problems; diarrhea and vomiting; uterine inflammation.		
Gravel Root	<i>Eupatorium purpureum</i>	Wellness remedy for urinary tract problems; arthritis and gout; anti-inflammatory.		
Green Tea	<i>Camellia sinensis</i>	Neutralizes free radicals; aid in weight-loss; fatigue; high cholesterol and atherosclerosis.		
Guarana	<i>Paullinia cupana</i>	Wellness support for boosting metabolism, increasing energy, cognitive function, stimulant, weight loss.		
Hawthorn	<i>Crataegus laevigata</i>	Wellness support for strengthening the heart muscle; heart tonic.		
Herb Robert	<i>Geranium robertianum</i>	Wellness remedy to treat diarrhea; anti-rheumatic; lowers blood sugar levels.		
Hops	<i>Humulus lupulus</i>	Wellness support for relaxation; treats tiredness and loss of sleep; alcohol suppressant.		
Horehound	<i>Marrubium vulgare</i>	Wellness remedy for bronchitis, colds and sinusitis; indigestion.		

Horny Goat's Weed	<i>Epimedium sagittatum</i>	Wellness support for impotence, infertility; facilitating blood circulation to brain; mild aphrodisiac; stimulation of male sexual hormones.		
Horseradish	<i>Armoracia rusticana</i>	Wellness remedy used to boost immunity; lowers blood pressure; diuretic		
Horsetail	<i>Equisetum arvense</i>	Wellness remedy used for bladder and kidney problems; arthritis; bleeding ulcers; strengthens connective tissue; bronchitis and emphysema.		
Indian Cornbeard	<i>Zea mays</i>	Wellness support for disorders of the urinary tract; arthritis and rheumatism.		
Indian Tobacco/ Lobelia	<i>Lobelia inflata</i>	Wellness remedy for lung function; aid to stop smoking.		
Lavender	<i>Lavandula angustifolia</i>	Wellness remedy used to treat insomnia, nervousness and fatigue; headaches; anxiety and depression; digestive discomfort.		
Lemon Balm	<i>Melissa officinalis</i>	Wellness remedy used to reduce stress and anxiety; improve sleep; indigestion.		
Lemongrass	<i>Cymbopogon citratus</i>	Wellness remedy used for digestive spasms; stomach ache; high blood pressure; fever and colds.		
Lily of the Valley	<i>Convallaria majalis</i>	Wellness remedy used for heart problems; urinary tract infections; kidney stones; water retention.		
Liquorice	<i>Glycyrrhiza glabra</i>	Wellness anti-inflammatory that affects the endocrine system and liver.		
Lungwort	<i>Pulmonaria officinalis</i>	Wellness support for lung function.		
Marjoram (Oregano)	<i>Origanum vulgare</i>	Antibiotic; antifungal; antiparasitic.		
Marshmallow	<i>Althaea officinalis</i>	Wellness support in cases of inflammation of the digestive tract; for the urinary system; coughs and bronchitis.		
Meadowsweet	<i>Filipendula ulmaria</i>	Wellness support for the digestive system; reduces fever in muscles and joints.		
Milk Thistle	<i>Silybum marianum</i>	Wellness remedy for toxic liver damage; chronic liver inflammation and cirrhosis.		
Moringa	<i>Moringa oleifera</i>	Wellness support in feeding and cleaning (detoxifying) the body.		
Motherwort	<i>Leonurus cardiaca</i>	Wellness remedy for female weakness and disorders; diaphoretic; antispasmodic; general tonic and nervine.		
Mugwort	<i>Artemisia vulgaris</i>	Wellness remedy used to stimulate gastric juice and bile secretion; liver tonic; sedative; irregular periods.		
Mullein	<i>Verbascum thapsus</i>	Wellness remedy for the respiratory system; for bronchitis; inflammation.		
Myrrh	<i>Commiphora myrrha</i>	Wellness remedy used to treat bleeding, pain and swelling; menstrual disorders; stomach complaints.		
Oats	<i>Avena sativa</i>	Wellness support for digestion and is a help for spastic colon.		

Olive Leaf	<i>Olea europaea</i>	Wellness remedy used for high blood pressure and heart disease; yeast infection; antiviral.		
Parsley	<i>Petroselinum crispum</i>	Wellness remedy for urinary tract infections, kidney stones; intestinal disorders and gas; fluid retention.		
Passion Flower	<i>Passiflora incarnata</i>	Wellness support in cases of stress; to calm and pacify.		
Pau d' Arco	<i>Tabebuia impetiginosa</i>	Wellness support for bacteria breakdown		
Peppermint	<i>Mentha x piperita</i>	Wellness support for a healthy digestive system.		
Plantain	<i>Plantago major</i>	Wellness remedy used for indigestion, heartburn and ulcers.		
Pygeum (Red Stinkwood)	<i>Pygeum africanum</i>	Wellness remedy used to treat enlarged prostate, prostate cancer, inflammation and kidney disease, urinary problems.		
Raspberry Leaf	<i>Rubus idaeus</i>	Wellness remedy for women especially with uterine conditions; heavy menstrual bleeding and cramps; helps promote fertility.		
Red Clover	<i>Trifolium pratense</i>	Wellness support for spasms, psoriasis, skin conditions, whooping coughs and bronchitis.		
Rhodiola	<i>Rhodiola rosea</i>	Wellness remedy for stress; adaptogenic herb, relieves depression, boosts cognitive function and energy levels.		
Rooibos/ Redbush	<i>Aspalanthus linearis</i>	Antiviral; wellness remedy for heart disease, insomnia.		
Rosemary	<i>Rosmarinus officinalis</i>	Wellness remedy for some viral infections; helps to improve memory.		
Sage	<i>Salvia officinalis</i>	Wellness remedy for inflammation of mouth and throat; for upset stomach; excessive perspiration; Alzheimer's disease.		
Sarsaparilla	<i>Smilax aristolochiaefolia</i>	Wellness remedy for low sex drive.		
Saw Palmetto	<i>Serenoa repens</i>	Wellness remedy for urination problems associated with enlarged prostate.		
Sceletium / Kanna	<i>Sceletium tortuosum</i>	Wellness support for emotional wellness and mood enhancement, anti-depressant, ant-anxiety, cognitive enhancement and physical endurance.		
Senna	<i>Cassia angustifolia</i>	Wellness remedy for constipation, irritable bowel syndrome, hemorrhoids and weight-loss.		
Shepherd's Purse	<i>Capsella bursa-pastoris</i>	Wellness remedy for bleeding, excessive menstruation, and nosebleeds.		
Siberian Ginseng	<i>Acanthopanax senticosus</i>	Wellness remedy for energy increase, mental performance and diabetes 2 support.		
Skullcap	<i>Scutellaria lateriflora</i>	Wellness remedy to balance the brain and hormone secretions.		
Slippery Elm	<i>Ulmus rubra</i>	Wellness remedy for gastritis, duodenal ulcer, enteritis and colitis.		

St. John's Wort	<i>Hypericum perforatum</i>	Wellness support for HIV, stress and seasonal affective disorder.		
Stinging Nettle	<i>Urtica dioica</i>	Wellness remedy for prostate; hay fever; sinus; arthritis pain and inflammation.		
Thyme	<i>Thymus vulgaris</i>	Wellness remedy for allergies, respiratory problems, asthma and coughing.		
Turmeric	<i>Curcuma longa</i>	Wellness remedy for arthritis, atherosclerosis, cancer, cataracts.		
Valerian	<i>Valeriana officinalis</i>	Wellness remedy for restlessness, insomnia; minor nervous conditions.		
Vervain	<i>Verbena officinalis</i>	Wellness remedy for respiratory tract infections; angina; fluid retention.		
Wild Yam	<i>Dioscorea villosa</i>	Wellness remedy to soothe intestinal colic and diverticulitis; menstrual problems; ovarian and uterine pains; rheumatic conditions.		
Willow	<i>Epilobium parviflorum</i>	Wellness remedy used for prostate cancer and enlarged prostate; cancer; IBS; eczema.		
Witch Hazel	<i>Hamamelis virginiana</i>	Wellness remedy used to treat diarrhea; eczema; hemorrhoids.		
Wormwood (African)	<i>Artemisia afra</i>	Wellness remedy for deworming and parasites.		
Wormwood (Chinese)	<i>Artemisia annua</i>	Wellness remedy for malaria; fevers; immune booster; bladder infections.		
Wormwood (European)	<i>Artemisia absinthium</i>	Wellness remedy used to treat parasitic infections.		
Yarrow	<i>Achillea millefolium</i>	Wellness remedy for high blood pressure; menstrual problems; colds and flu; lack of appetite.		
Yellow Dock	<i>Rumex crispus</i>	Wellness remedy for pain and swelling; inflammation of nasal passages; bacterial infections.		
		Subtotal		
		Total		

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50ml - R58	50ml – R90
100 ml - R110	100ml - R180

OTHER		
Product	Wholesale price	Description
Monthly Multivitamin Packs	R100 each	One month's supply of multivitamins containing Vit B complex, Vit C (Ascorbic acid), Multivitamin, Calcium & magnesium & Folic acid.

Disclaimer:

Please note possible contra-indications of some ingredients. Use under supervision of a health practitioner.

No order will be accepted without payment.

Please allow at least 7 days for delivery. Shipping will be charged additionally.

Order:

Please email your order to Limari Herholdt at:

info@nacareherbals.org

Banking Details:

NaCare Pty Ltd

Account no. 4095170086

Bank: Absa

Branch: 6180 Montana

Type: Classic